

# PGY2 Ambulatory Care Residency



Lebanon VA Medical Center  
Lebanon, PA



# Intended Program Outcomes

## Philosophy

The PGY2 residency in Ambulatory Care pharmacy practice at the Lebanon VA Medical Center is focused on developing practitioners who will exhibit excellence in pharmaceutical care in Ambulatory Care practice settings. An Ambulatory Care Clinical Specialist should possess the clinical skills needed to practice in a wide range of patient care settings and a solid knowledge base in Ambulatory Care pharmacotherapy. This PGY2 residency will provide the environment necessary to achieve the knowledge and skills needed to care for patients in this area. The program will foster the development of an independent, versatile Clinical Pharmacy Specialist. This PGY2 residency will help prepare graduates of the program to achieve the clinical knowledge base needed to attain board certification in pharmacotherapy or ambulatory care.

## Core rotations (half day blocks)

- Cardiovascular Risk Reduction Clinic, 2 blocks/week
- Diabetes Education Clinic, 1 block/week
- Epo Clinic
- Resident run clinic
- Community Based Outpatient Center (CBOC) Cardiovascular Risk Reduction Clinic
- Administrative time (Total of one day per week)\*

\*This time will include participation in the Non-formulary process, clinic preparation, project/research time, presentation preparation time, etc.

## Elective rotation options

- Cardiology Clinic
- Metabolic Monitoring Clinic
- Geriatric Outpatient Clinic\*
- Nephrology Clinic\*
- Endocrinology Clinic\*
- Psychiatry Clinic\*
- Home Based Ambulatory Care\*
- Women's Health Clinic\*
- Emergency Department\*\*

\*Preceptor may be an allied health professional such as a Physician Assistant or Nurse Practitioner or a Physician, etc. Although, the Main Preceptor for the elective experience will be a Clinical Pharmacy Specialist. \*\*Off-site rotation

## Program goals

### Clinical development

- Provide patient-specific medication management services within an approved Scope of Practice which results in positive patient outcomes
- Develop strong patient care skills in chronic Ambulatory Care disease states
- Provide patient specific educational services on a one-to-one basis as well as in group meetings
- Become familiar with pharmacy benefit management principles including the nonformulary process
- Become established as an integral part of the healthcare team

### Educational development

- Develop skills needed to precept both Lebanon VA PGY1 Pharmacy Practice residents and Pharm.D. student rotations
- Effectively evaluate and apply data from clinical trials into your pharmacy practice skills
- Develop skill set to effectively educate healthcare professionals in small discussions groups as well as during didactic type lectures
- Develop skills to provide competency based training to pharmacy employees including pharmacists and pharmacy technicians

### Personal development

- Develop the skills necessary to effectively self evaluate one's work
- Develop written and verbal communication skills to successfully practice in Ambulatory Care clinics
- Demonstrate effective time- management skills needed to successfully practice as a Pharmacy Clinical Specialist

## Benefits

- Stipend: \$44,522
- 13 paid annual leave/13 paid sick days/10 paid federal holidays
- Funds available to attend national and regional pharmacy conferences
- Subsidized health insurance
- Vision/dental benefit offered
- Free parking/lab coats
- YMCA onsite with \$10 lifetime membership fee

## Meet the preceptors:

**Dina Hunsinger-Norris, Pharm.D., BCPS**

PGY2 Ambulatory Care Residency Director

Primary Care Clinical Specialist

Pharm.D., Temple University, 2000

Specialty residency in Primary Care with a focus on education, Chicago College of Pharmacy, Midwestern University, 2001

[dina.norris@va.gov](mailto:dina.norris@va.gov)

**Lisa McKee, Pharm.D., BCPS**

Primary Care Clinical Specialist

BA Biology, La Salle University, 1993

BS Pharmacy, Philadelphia College of Pharmacy and Science, 1998

Pharm.D., Philadelphia College of Pharmacy and Science, 1999

Specialty residency in Primary Care, Madison VAMC, 2000

[lisa.mckee@va.gov](mailto:lisa.mckee@va.gov)

**Heather Ulrich, Pharm.D., BCPS, CDE**

Endocrinology Clinical Specialist

BS Pharmacy, Duquesne University, 1997

Pharm.D., Duquesne University, 1998

PGY1 Pharmacy Practice residency, Temple University Hospital, 1999

PGY2 Primary Care residency, Providence Health System, 2000

[heather.ulrich@va.gov](mailto:heather.ulrich@va.gov)

**Inga Washington, Pharm.D., BCPS**

Primary Care Clinical Specialist

BS Biology, University of Nebraska at Kearney

Pharm.D., Temple University, 2007

PGY1 Pharmacy Practice residency, Lebanon VAMC, 2008

[inga.washington@va.gov](mailto:inga.washington@va.gov)

**Christy Dayhoff, RPh**

Hematology/Oncology Clinical Specialist

BS Pharmacy, The Ohio State University, 1983

[christy.dayhoff@va.gov](mailto:christy.dayhoff@va.gov)



## About Lebanon VA Medical Center

The medical center is a Joint Commission accredited medical complex, which consists of a main campus in Lebanon, plus Community Based Outpatient Clinics in Camp Hill, York, Reading, Lancaster, Frackville, and Pottsville, serving approximately 43,000 patients in 13 counties of south central Pennsylvania. A large part of the main campus centers around primary care; there are eight primary care teams, various outpatient specialty clinics including cardiology, oncology, nephrology, physical/occupational therapy clinics, dental clinic, as well as behavioral health clinics to name a few. The main hospital has a total of 280 beds in the areas of intensive care, acute care, psychiatry, surgery, transitional care, substance abuse rehabilitation, nursing home and hospice.

## About Lebanon, PA

Lebanon is located in the beautiful farmlands of Central Pennsylvania, nestled between mountains that run along the northern and southern borders. Lebanon has a small-town atmosphere with a great quality of life and relatively low cost of living.

Lebanon is a short drive from Harrisburg, the state capital of Pennsylvania as well as Lancaster - famous for its Amish farms. Several major interstate highways intersect the county and provide easy access to many large cities such as Philadelphia, Baltimore, Washington D.C. and New York City.

Enjoy a short drive to Hershey, PA – the chocolate capital of the world - offering one of the nation's finest theme parks, beautiful hotels, and golf. The Hershey area attracts many nationally and internationally renowned touring acts as well as millions of chocolate loving visitors every year.





## Application Requirements

The Lebanon Veterans Affairs Medical Center (VAMC) PGY2 Ambulatory Care Pharmacy Residency Program is open to any individual regardless of race, color, creed, religion, sex, age, or handicap. All completed applications turned in by the application deadline will be competitively considered for an onsite interview. However, only 4 applicants will be selected for an onsite interview and potential ranking for the available residency position.

The minimum requirements to receive consideration for an onsite interview are as follows:

- Current enrollment in a PGY1 pharmacy residency program with anticipated completion prior to start of PGY2 residency or have previously completed a PGY1 residency
- Must be licensed as a pharmacist in any state or US territory
- Possess a Doctor of Pharmacy degree from an ACPE-accredited school or college of pharmacy; or a B.S., M.S., or Ph.D. degree and equivalent experience
- Applicants must be able to commit to the residency for a period of no less than one-year.
- Applicant must be a US citizen.

**Please note that these are the minimum requirements to receive consideration for an onsite interview. Meeting these criteria does not guarantee acceptance.**

## Resident Application Process

Letter of intent\*  
Curriculum Vitae  
Three letters of recommendation  
College transcripts  
VA application form (Form 10-2850c)

**\*The letter of intent should include** the answers to the following three questions: (1) Why do you want to do this residency? (2) What are your personal and professional strengths? (3) Where do you see yourself in five years?

If any of the above materials are not received by the application deadline of January 26th, 2011, the applicant will not be considered for an interview.

**For more information regarding this PGY2 or to apply for the program send all correspondence to:**

Dina Hunsinger-Norris, Pharm.D., BCPS  
PGY2 Ambulatory Care Residency Director  
1700 South Lincoln Avenue  
Lebanon, PA 17042  
717-272-6621 ext. 5444  
dina.norris@va.gov

